



SUPERMOVERS

Champions

2

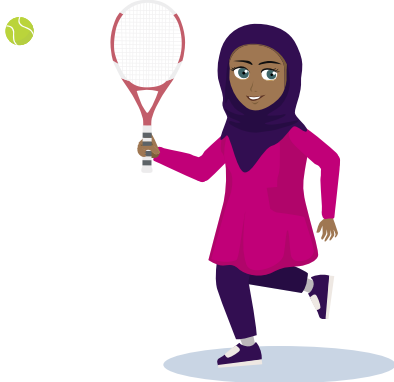
Active Communities

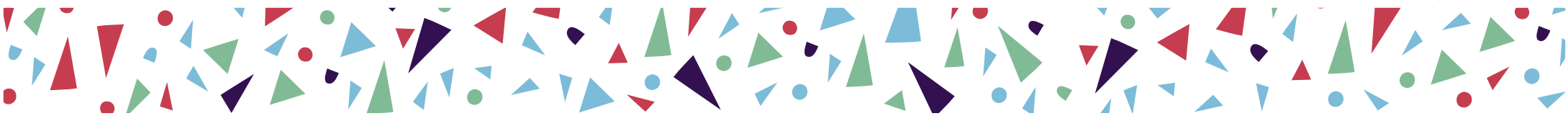


BBC



Premier League





Super Movers Champions: Active Communities

Learning Outcome

I will learn about different community groups.

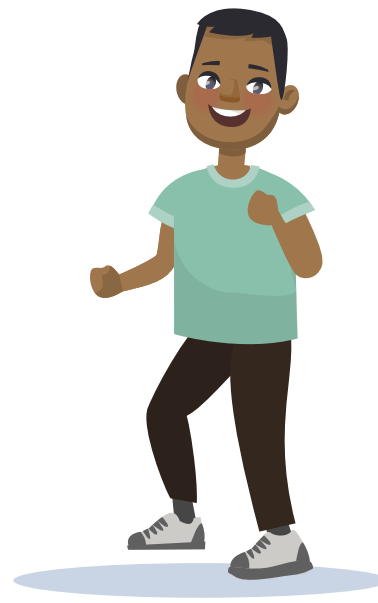


How confident are you on the stomping scale?

Really not sure

Moderately confident

Really confident





Super Movers Champions: Active Communities

Physical activities and sport can help build community relationships as they bring people together.

We can learn all sorts of things from different members of our community including new games and sports.



Activity: Super Movers active learning



Learn some **Spanish greetings with Ben Shires** and Spanish speaking footballers who have competed in the Premier League.





Activity: Super moves from other cultures

People living within a community can come from different backgrounds.

We would like you to try some games from different countries and cultures.



Activity: Super moves from other cultures



Play this game from France: Poules, Renards, Vipères

- This is a tag game between three different coloured teams, who all start in their own marked safe areas.
- On go, the foxes (Renards) must catch the chickens (Poules), the chickens must catch the vipers (Vipères) and the vipers must catch the foxes.
- Once caught they lead them back to their marked area, where their team can try to free them by tagging them.



Activity: Super moves from other cultures



Play this game from Spain: Las Tabas

- This is a game played with a small ball called a “comodin” and little bones (or counters).
- The bones are thrown on the ground or a table before the ball is thrown.
- Throw the ball up and retrieve one bone before catching the ball with the same hand. Repeat until all bones are retrieved.
- “Unos, doses, treses y cuatros” – Now try picking up two bones at a time, then three, then four.



Activity: Super moves from other cultures



Play this game from Poland: Cztery kąty

- Place four cones out in a square and one in the middle.
- Four players stand at the corners and the chaser in the middle.
- When the chaser calls out “cztery kąty” (or four corners), the players on the corners must change places before being tagged by the chaser.
- If a corner player is caught, they switch places with the chaser.





Activity: Super moves from other cultures

 In pairs walk and talk, then join another pair and share your thoughts.

1. What game did you enjoy playing most? Why?
2. What games do you enjoy playing in the playground?



Talk to members of your family and community to find out what activities they enjoyed playing growing up.



Super Movers Champions: Active Communities

Learning Outcome

I have learnt about different community groups.



How confident are you on the stomping scale?

Really not sure

Moderately confident

Really confident

